

Soya-labo Experiment flow (July 14th)

	Group A	Group B	Group C		Group A	Group B	Group C
14:00				:30			
:05	<i>Wearing HR monitor</i>			:35		Stroop post-high	EXERCISE mild
:10				:40	EXERCISE high		
:15	Stroop practice			:45			Stroop post-mild
:20		Stroop practice		:50		EXERCISE mild	
:25			Stroop practice	:55	Stroop post-high		
:30	Stroop pre			16:00			
:35		Stroop pre		:05	Lab. tour	Stroop post-mild	EXERCISE moderate
:40	EXERCISE mild		Stroop pre	:10			
:45				:15	Lab. tour		Stroop post-moderate
:50		EXERCISE moderate		:20			
:55	Stroop post-mild			:25	Lab. tour		
15:00				:30			
:05		Stroop post-moderate	EXERCISE high	:35			Lab. tour
:10	EXERCISE moderate			:40			
:15			Stroop post-high	:45			
:20		EXERCISE high		:50			
:25	Stroop post-moderate						