There is no ‘I’ in TEAM

David Graham
Director of SASSO
The Ohio State University
Outline

• Common Ground
• Student Development Theory
• SASSO Process
Common Ground

We …

– are Educators
– love Athletics
– are passionate about Developing Athletes
Common Ground

• We use Athletics to enhance the Educational experiences of our Student Athletes.

Developing Student Athletes For Leadership (LIFE)
Governing Bodies

• The Ohio State University
• Big Ten Conference
• National Collegiate Athletics Association
SASSO Mission Statement

The Student-Athlete Support Services Office will support The Ohio State University mission by providing quality programs and services that facilitate graduation and promote the overall development of student-athletes.
Student Development Theory

Student development theory is founded on general theories of Human development

- Maslow’s Hierarchy of Need
- Chickering’s Vectors of Development
- Moral Development Theories
- Gilligan’s Theory of Moral Orientation
Maslow’s Hierarchy of Needs

• Behavior is motivated by the desire to satisfy needs
• Five Levels: physiological, safety, belongingness and love, esteem, and self actualization
Chickering’s Vectors of Development

• A model based on college student development and sources of impact in the college environment

• Seven Vectors: all classified under the general heading of “identity formation”
Developmental Tasks of College Students

Education and Identity (1969) by Arthur Chickering

Developing Competence

Managing Emotions

Identity Development

Establishing Identity

Moving Through Autonomy to Interdependence

Developing Mature Interpersonal Relationships

Developing Purpose and Integrity

Reisser, Linda (1995)
"Revisiting the Seven Vectors" Journal of College Student Development, Volume 36, No. 6
The Student-Athlete

• William Parham (1993)
  – Additional challenges
    • Social isolation
    • Athletic Success (lack of success)
    • Participation/injury
    • Relationship issues
    • Life after sport
THE PROCESS

Student-Athlete Intake
- Admission Standards
- Recruiting
- NCAA Initial Eligibility
- Summer Orientation Program
- Disability Documentation
- First year student-athlete Orientation Program

Academic Monitoring
- University Eligibility
- Big Ten Eligibility
- NCAA Continuing Eligibility
- Satisfactory Progress
- Student Evaluations

Academic Support
- EDU PAES 263
- EDU PAES 315
- Tutorial Assistance Program
- Study Tables
- Priority Registration
- Pre-registration Consultation
- Summer/Fifth Year Aid
- Academic Skills Workshops
- Success Team

Psychosocial Growth
- Sport Psychology
- Community Service/Leadership Training
- Mentoring
- SAAB

Career Development
- Interest/Skills Assessments
- Career Seminars/Workshops
- Career Services

THE PEOPLE. THE TRADITION. THE EXCELLENCE.
First Year Experience of.... Student-Athletes
Agenda Items

• 1st Year Challenges for Freshmen Student-Athletes
  – Time Management
  – Social Integration
  – Athletic Responsibilities
  – Academics

• Support Networks
  – Student-Athlete Support Services
  – Student-Athlete Life Skills Program
  – Networking
  – University Community
Challenge 1: Time Management

- Daily Schedule
  - 12+ hr days
- Early morning conditioning
  - 6am workouts
- Study Table and Tutoring
  - Required for most freshmen
- Community Service
  - “Campus representatives”
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Challenge 2: Social Integration

- Networking
- Athlete/Non-athlete Friendships
  - Trust
- Weekends
  - Friday (Meetings)
  - Saturday (Game day)
  - Sunday (Meetings)
- Dorm Life
Challenge 3: Athletic Responsibilities

- Limited Playing Time
  - Red Shirting
- Travel
- Injury
- Professional Sports Career
Challenge 4: Academics

- Interactions with Professors
- Majors and Scheduling classes
- Progress Toward Degree
- Eligibility – 1st year requirements
Eligibility Rules

- **1st Year Benchmarks**
  - 36 hrs
  - 27 hrs during the Autumn – Spring Quarters
  - Enroll and complete a minimum of 12 hours each quarter
  - Satisfy all 1st year benchmarks in their college
Student-Athlete Support Services

- Athletic Advising
- Tutoring
- Edupaes 263 – Issues Affecting Student-Athletes
- Mentoring

**FACT**: Over 500 students will be recognized this year at the Student-Athlete Scholar Banquet
Networking

• Career Networking Night
• Career Connections
• Leadership Training
• **FACT:** There are 36 varsity sports teams representing The Ohio State University
University Community

- Faculty Progress Reports
- College Advising
- Freshmen Survey Class
- Opportunities for Success Series
- **FACT**: The average student-athlete gpa at The Ohio State University is above a 3.0
• **SASSO Video**
Questions?